



Achoose the correct answer:

- 1-You are walking (too – enough – to) slowly.
- 2-I am tall (to – enough – too) to play basketball.
- 3-Omar doesn't has (more – to – enough) money to buy this watch .
- 4-Can you (give – gives – giving) me your pen ?
- 5- I will run to the store before , it (start – starts – starting) raining .
- 6-We 'll (call – called – calls) you as soon as I get home.

B.Do as shown between brackets.

1- Correct

- a-Would you mind **repeat** that. **repeating**
- b- I will call you as soon as I **gets** home. **get**
- c-They speak **enough** loudly . **too**

2-Reorder

- a- We had a (delicious , Indian , big) feast for dinner last night.
We has a delicious ,big ,Indian feast for dinner last night.
- b-phone \ Can \ borrow \ I \ your \ ?
Can I borrow your phone?
- c-Ali wears a (lovely , leather , black) shoes .
Ali wears a lovely, black ,leather shoes.

قناتي على التلقرام

Asma's world

Grammar



A.Match

1	hub	4	. to improve or develop by study or training
2	asset	1	the center of a region
3	nurture	3	to care for, help, or encourage the development and growth
4	cultivate	2	a useful or valuable thing, person, or quality

B. Complete the sentences using suitable words: (worn loyalty comfort shelter atmosphere)

1. The people showed **loyalty** to the king by putting his face on the new coin.
2. When children have nightmares, mothers give **comfort** with loving words
- 3.We used the tree for **shelter** during the storm.
4. We've had this couch too long. It's starting to look **worn**

C-choose the correct answer

- 1-We've just bought some new outdoor (grand – **furniture** – megabucks).
- 2-Large houses cost (**an arm and a leg** – hold on – cool) .

D- Find the odd words.

- 1- glass wooden **red**
- 2- small big **expensive**

E-Write the correct word under each picture. (barbecue - port - canyon – pillow)



barbecue



port



pillow



canyon

vocabulary



A. Choose the correct answer:

- 1- (Swim – Swims – Swimming) is a good idea.
- 2- The hardest sport I have ever (play – played – playing) is golf.
- 3- She has been (study – studying – studies) English since 2009.
- 4- Omar is a (slow – slowly – slower) driver.
- 5- You are as (smarter – smart – smartest) as your brother.
- 6- How long has Ali been (use – using – used) this laptop?

B. Do as shown between brackets.

- 1- (correct)
 - a- The hardest test Ali has take was Math.
 - b- **Read** is a bit boring.
 - c- I have been skiing since two months.

2- (Reorder)

- a- gives \ energy \ me \ running .
-

3- (Use adverb of manner)

- a- Sara is a good writer
- b- They are quick runners.....

A. Match the words with their meanings

1	Terrain	celebrate the memory of someone.
2	Merit	amazing , astonishing.
3	Commemorate	a common bird that lives in cities.
4	Astounding	an advantage or positive feature.
5	Pigeon	a particular type of land.

B. Complete the sentences using suitable words (originated – revived- marathon)

- 1- Thousands of runner participate in the every year.
- 2- The board chess in India in the 6th century.
- 3- The new museum has tourism in our city.

C- Find the odd words.

- 1- snow pool ski
- 2- puck stick ice cream
- 3- skirt goaltender forwards

D- Write the correct word under each picture. (rink -coach – medal – skiing- torch)





A. Choose the correct answer:

- 1- (Swim – Swims – **Swimming**) is a good idea.
- 2- The hardest sport I have ever (play – **played** – playing) is golf.
- 3- She has been (study – **studying** – studies) English since 2009.
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- 5- You are as (smarter – **smart** – smartest) as your brother.
- 6- How long has Ali been (use – **using** – used) this laptop?

B. Do as shown between brackets.

1-(correct)

- a- The hardest test Ali has **take** was Math. **taken**
- b- **Read** is a bit boring. **Reading**
- c- I have been skiing **since** two months. **for**

2-(Reorder)

a- gives \ energy \ me \ running .

Running give me energy.

3-(Use adverb of manner)

a- Sara is a good writer. **Sara writes well.**

b- They are a quick runners. **They run quickly.**

قناتي على التلفرام

Asma's world



A. Match the words with their meanings

1	Terrain	3	celebrate the memory of someone.
2	Merit	4	amazing , astonishing.
3	Commemorate	5	a common bird that lives in cities.
4	Astounding	2	an advantage or positive feature.
5	Pigeon	1	a particular type of land.

B. Complete the sentences using suitable words (originated – revived- marathon)

- 1- Thousands of runner participate in the **marathon** every year.
- 2- The board chess **originated** in India in the 6th century.
- 3- The new museum has **revived** tourism in our city.

C- Find the odd words.

- 1- defending zone attacking zone **equipment**
- 2- puck stick **ice cream**
- 3- **skirt** goaltender forwards

D- Write the correct word under each picture. (rink -coach – medal – skiing- torch)



rink



medal



torch



Coach



Skiing



Choose the correct answer:

- 1-Most of the news on TV is (**depressing** – depressed – depress).
- 2-My mom (get – **gets** – getting) worried if I'm not home by 11:00.
- 3-They were (so – **such** – few) a good players that they will win the game.
- 4-He eats (so many – **so much** – such) sugar that he may be a diabetic.
- 5-I don't have a car . I wish I (have – has – **had**) a car.
- 6- The older you get, the (happy – **happier** – happiest) you are.

Do as shown between brackets.

a-(correct)

- 1-There are **so much** cars that we couldn't park here. **so many**
- 2-The problem was **such** difficult that I couldn't solve it. **so**
- 3-You seem **exciting** about it. **excited**

قناتي على التفرام
Asma's world

b-(use wish).

- 1-I don't have money .
I wish **I had money** – I wish **I were rich**.
- 2-My friends travelled to Jeddah yesterday
I wish **had travelled with her**.

Grammar



A-Complete the sentences with one of these words: (bilingual -astonished -irritated -puzzled)

- 1-Someone who can speak both Arabic and English is **bilingual**.
- 2-Someone who is annoyed at something is **irritated**.
- 3-Someone who is confused by something is **puzzled**.
- 4-someone who amazed at something is **astonished**.

B-Match

1	antibodies	3	to cause someone to do something
2	pediatric	4	to improve
3	prompt	1	substance produced by the body to fight germs and infection
4	enhance	2	related to the medical care of children

C- Find the odd words.

- 1- parrot penguin **box**
- 2- sitcom **park** episodes

C-choose the correct answer

- 1-The opposite of real is ≠(**fake** – sad – tired).
- 2-My sister is upset . We want to (getting to - **cheer her up** - To tell you the truth)

D-Write the correct word under each picture. (clown – centipede – muscles - cowboy - cardiovascular)



cowboy



centipede



clown



cardiovascular



muscles

vocabulary



Choose the correct answer:

- 1-There are(some – any – do) coffee.
- 2-I don't eat (any – a – some) cookies
- 3-I am sorry , I don't have(many – few – much) time
- 4-I never tire of chocolate (separable – nonseparable)
- 5-He gave up eating meat a year ago. The object is (eating meat- give up – year ago)
- 6-I don't drink (manv – few - enough) water.

Do as shown between brackets.

a-(reorder)

- 1- I speak **few** French.
- 2-How **much** bananas do you eat?
- 3-Do you want **any** pizza?
- 4-We **throw out it**.
- 5-Ali runs **him into**.

b-(Mark the nouns with C for count or N for noncount)

- 1-..... milk 2-.....burgers 3-..... Cheese 4-eggs

C- . Rewrite each sentence with a pronoun.

- 1- Let's throw out these old bottles.
- 2- Wake up Mona for breakfast.

Grammar



A-Complete the sentences with correct answer:

- 1-She has (in no time - whipped it up -a sweet tooth); she can't resist chocolate cake.
- 2-(Vendor - Doctor – Farmer) is someone who sells something.
- 3- To be able to identify one from another : (distinguish - poisoning - delicacy).

B- Match

1	aroma		poisons
2	toxins		having permission to do something
3	licensed		something that is used in place of another thing
4	substitute		Fragrant smell

C- Find the odd words.

- 1- sugar - vanilla -spoon 2- sour - wafer – bitter 3-apple - mix - add

C-choose the correct answer

- 1- The opposite of thick is ≠ (big – huge – thin)
- 2- I couldn't possibly eat more. I'm (stuffed - sleepy – angry).

D-Write the correct word under each picture. (popsicle - chocolate bar – blowfish - grill – chef)



.....

vocabulary



Choose the correct answer:

- 1-There are(**some** – any – do) coffee.
- 2-I don't eat (**any** – a – some) cookies .
- 3-I am sorry , I don't have(many – few – **much**) time.
- 4-I never tire of chocolate (separable – **nonseparable**)
- 5-He gave up eating meat a year ago. The object is (**eating meat**- give up – year ago)
- 6-I don't drink (many – few - **enough**) water.

Do as shown between brackets.

a-(correct)

- 1- I speak **few** French. **little**
- 2-How **much** bananas do you eat? **many**
- 3-Do you want **any** pizza? **some**
- 4-We **throw out it**. **throw it out**
- 5-Ali runs **him into**. **into him**

b-(Mark the nouns with C for count or N for noncount)

- 1 **N** milk 2- **C** burgers 3- **N** Cheese 4- **C** eggs

c- . Rewrite each sentence with a pronoun.

- 1- Let's throw out these old bottles. **Let's throw them out.**
- 2- Wake up Mona for breakfast. **Wake her up for breakfast.**

قناتي على التلقرام
Asma's world

Grammar



A-Complete the sentences with correct answer:

- 1-She has (in no time - whipped it up - **a sweet tooth**); she can't resist chocolate cake.
- 2-(**Vendor** - Doctor – Farmer) is someone who sells something.
- 3- To be able to identify one from another : (**distinguish** - poisoning - delicacy).

B- Match

1	aroma	2	poisons
2	toxins	3	having permission to do something
3	licensed	4	something that is used in place of another thing
4	substitute	1	Fragrant smell

C- Find the odd words.

- 1- sugar - vanilla - **spoon** 2- sour - **wafer** – bitter 3- **apple** - mix - add

C-choose the correct answer

- 1- The opposite of thick is ≠ (big – huge – **thin**)
- 2- I couldn't possibly eat more. I'm (**stuffed** - sleepy – angry).

D-Write the correct word under each picture. (popsicle - chocolate bar – blowfish - grill – chef)



grill



popsicle



chef



blowfish



Chocolate bar

vocabulary



Choose the correct answer:

- 1- It is (said- say – says) that camels live in hot weather .
- 2-The door can't be (open – opened – opens).
- 3-I can speak(both – neither – all) English and Spanish.
- 4-Neither Ali nor Ahmad (like – likes – liking) fishing.
- 5-(None – And – either) of them is doctor.
- 6-I think the most suitable pet is (all – both -either)a cat or a turtle..

Do as shown between brackets.

a-(Correct)

- 1- My favorite food is either pasta nor pizza.
- 2-Omar plays all football and basketball.....
- 3-Ostriches are say to be the largest birds in the world.
- 4-Small birds should be keep in cages.

b-(reorder)

- 1- dangerous \ Sharks \are \ animals \very
.....
- 2- it\ chocolate\ believed \is\ delicious\ that\ is
.....

c-(Change the sentences from active to passive voice.)

- 1-People should not feed wild animals.
.....

A-Complete the sentences with correct answer:

- 1-This restaurant is opened (24/7 – stick - hang in there!)
- 2-A sudden violent movement of the earth's surface: (lightening – storm – earthquake)
- 3- Animals are said to have a sixth (hands – sense- wings) for danger.

B- Match

1	pampered		unfriendly, hostile
2	duration		indulged
3	alert		length of time
4	aggressive		aware

C- Find the odd words.

- 1- horse – lion – gorilla 2- cow - cat - dinosaur 3- tiger – bear - bird

C-choose the correct answer

- 1- The opposite of safe is ≠ (dangerous – unhappy – intelligent)
- 2- A(zookeeper – writer – doctor) is a person who works in a zoo, taking care of the animals.

D-Write the correct word under each picture. (dolphin –horse – gorilla - groundhog - giraffe)



.....

Choose the correct answer:

- 1- It is (said- say – says) that camels live in hot weather .
- 2-The door can't be (open – opened – opens).
- 3-I can speak(both – neither – all) English and Spanish.
- 4-Neither Ali nor Ahmad (like – likes – liking) fishing.
- 5-(None – And – either) of them are doctors.
- 6- I think the most suitable pet is (all – both- either) a cat or a turtle.

قناتي على التلقرام

Asma's world



Do as shown between brackets.

a-(Correct)

- 1- My favorite food **either** pasta nor pizza. **neither**
- 2- Omar plays **all** football and basketball. **both**
- 3-Ostriches are **say** to be the largest birds in the world. **said**
- 4-Small birds should be **keep** in cages. **kept**

b-(reorder)

- 1- dangerous \ Sharks \ are \ animals \ very
Sharks are very dangerous animals.
- 2- it \ chocolate \ believed \ is \ delicious \ that \ is
It is believed that chocolate is delicious.

c-(Change the sentences from active to passive voice.)

- 1-People should not feed wild animals.
Wild animals should not be fed.

Grammar



A-Complete the sentences with correct answer:

- 1-This restaurant is opened (24/7 – stick - hang in there!)
- 2-A sudden violent movement of the earth's surface: (lightening – storm – **earthquake**)
- 3- Animals are said to have a sixth (hands – **sense**- wings) for danger.

B- Match

1	pampered	4	unfriendly, hostile
2	duration	1	indulged
3	alert	2	length of time
4	aggressive	3	aware

C- Find the odd words.

- 1- **horse** – lion – gorilla 2- cow - cat - **dinosaur** 3- tiger – bear - **bird**

C-choose the correct answer

- 1- The opposite of safe is ≠ (**dangerous** – unhappy – intelligent)
- 2- A(**zookeeper** – writer – doctor) is a person who works in a zoo, taking care of the animals.

D-Write the correct word under each picture. (dolphin –horse – gorilla - groundhog - giraffe)



giraffe



groundhog



horse



gorilla



dolphin

vocabulary

Choose the correct answer:

- 1-If it rained ,we would (get – gets – getting) wet.
- 2-If Omar (has – had – having) gotten a gold medal , he would have been happy.
- 3-I would have answered the phone if I had(hear – hears – heard) it rings.
- 4-They will(are – been – be)cooking food at this time.
- 5-Will he have (do -done -does) it by this evening?
- 6-He swims as if he(are - were – am) a dolphin.



Do as shown between brackets.

a-(Correct)

- 1-Sami used to cheating on school tests.
- 2-I will be work on the weekend.
- 3-If Sara falling, she might hurt herself
- 4- Nora will has learnt French before she moves there
- 5 -If I be you, I would study for the exam.

B-(reorder)

- 1- as if \ He \ were \ a baby \ acts \ he
.....
- 2- It \ as if \ smelled \ in a garden \ we \ were
.....

Grammar



A-Complete the sentences with correct answer (vanish - responsible – morally)

- 1-Who isfor cleaning up this mess?
- 2-My mother's cookies alwaysmoments after she takes them out of the oven
- 3-People should feel that it'swrong to buy stolen goods.

B- Match

1	genetic	the possibility of being or doing something
2	inherited	capable of being cured
3	treatable	received from a parent or ancestor
4	potential	related to the part of a cell that contains your parents' characteristics.

C-choose the correct answer

- 1- He firmly believes that she is (police – boring - innocent)of the crime.
- 2-It was(rotten – happy – taxi) of you to leave without saying goodbye.
- 3-(cold – headache - Alzheimer)is a disease of the brain that mainly affects old people and results in the gradual loss of memory and the ability to think clearly.

C- Write the opposite of these words.

- 1- moral ≠.....
- 2-responsible ≠.....
- 3 -elder≠.....

D-Write the correct word under each picture. (lifeboat – helicopter - DNA - newborn)



.....



.....



.....



.....

vocabulary

Choose the correct answer:

- 1-If it rained ,we would (get – gets – getting) wet.
- 2-If Omar (has – had – having) gotten a gold medal , he would have been happy.
- 3-I would have answered the phone if I had(hear – hears – heard) it rings.
- 4-They will(are – been – be)cooking food at this time.
- 5-Will he have (do -done -does) it by this evening?
- 6-He swims as if he(are - were – am) a dolphin.



Do as shown between brackets.

a-(Correct)

- 1-Sami used to **cheating** on school tests. cheat
- 2-I will be **work** on the weekend. working
- 3-If Sara **falling**, she might hurt herself fell
- 4- Nora will **has** learnt French before she moves there. have
- 5 -If I **be** you, I would study for the exam. were

B-(reorder)

- 1- as if \ He \ were \ a baby \ acts \ he
He acts as if he were a baby
- 2- It \as if \ smelled \ in a garden \ we \ were
It smelled as if we were in a garden

قناتي على التلغرام
Asma's world

Grammar



A-Complete the sentences with correct answer (vanish - responsible – morally)

- 1-Who is **responsible** for cleaning up this mess?
- 2-My mother's cookies always **vanish** moments after she takes them out of the oven
- 3-People should feel that it's **morally** wrong to buy stolen goods.

B- Match

1	genetic	4	the possibility of being or doing something
2	inherited	3	capable of being cured
3	treatable	2	received from a parent or ancestor
4	potential	1	related to the part of a cell that contains your parents' characteristics.

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- 1- He firmly believes that she is (police – boring - **innocent**)of the crime.
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- 3-(cold – headache - **Alzheimer**)is a disease of the brain that mainly affects old people and results in the gradual loss of memory and the ability to think clearly.

C- Write the opposite of these words.

- 1- moral ≠ **immoral** 2-responsible ≠ **irresponsible** 3-elder ≠ **Younger**

D-Write the correct word under each picture. (lifeboat – helicopter - DNA - newborn)



DNA



Helicopter



newborn



lifeboat

vocabulary

Vocabulary

1- Fill in each blank with a word from the box.

/ 5

atmosphere	soul	worn	comfort	loyalty	shelter
------------	------	------	---------	---------	---------

1. This old coat has become too I should buy a new one.
2. Sports fans show their by wearing the colors of their favorite team.
3. The library always has a quiet, still
4. When it started to rain, we used the old building as a
5. A person's is the person he or she is inside.
6. It was a to the woman to have her family gathered around her when she was sick.

2- Match the words with their meanings.

1- Cool!		a- How realistic something is
2- Hold on!		b- Don't have a realistic idea
3- Out of touch		c- Stop for a moment
4- Reality check		d- Great

Grammar

3- Write too or enough in each blank.

/ 5

1. Bill is young to watch that film.
2. Richard is driving fast. It makes me nervous.
3. You have eaten You'll feel sick if you eat more.
4. Do you have money to buy a ticket?

4- Rewrite each sentence, putting the adjectives in the correct order.

1. There is a (**round / small**) table in the kitchen.
.....
2. Our new apartment is in a (**brick / small**) building.
.....
3. The apartment has a (**old / Egyptian / wonderful**) rug.
.....

5- Correct the error in each sentence.

1. He was to late to get on the airplane.
.....
2. Do you have time enough to go to the store?
.....
3. His friend bought him a new, modern, big watch.
.....

Reading

6- Read the text and answer the questions. Choose the best answer to each question.

/ 5

Multigenerational Families

In some areas of the world, multigenerational families have always lived together in the same house. A multigenerational family is a family of different generations, for example, grandparents, parents, and children. In the United States, from 1940 through 2000, multigenerational living decreased. Americans dreamed of growing up, leaving their family home, and having a home of their own. Having one's own home was a status symbol. It showed that a person was independent and financially prosperous. Grandparents, too, seemed happy with this arrangement. They saved enough money throughout their life to be able to live independently through their retirement years and to pay for outside care if they became ill. It has only been in recent years that this trend has begun to change. A slower economy and fewer jobs have caused people to have less money than they once did. Americans are beginning to find it too expensive to live separately. The Clark family from Virginia is a good example of this phenomenon. The Clarks are a multigenerational family that were living in three different houses. The great-grandparents lived in an expensive retirement home, the grandparents lived in their large, old family home, and the parents lived with their two young children in a small apartment. All of the family members were struggling financially. They didn't have enough money to live comfortably in their separate homes. So, the Clark family sold all three of their homes and bought one, large, old, wooden farmhouse that had enough room for all of them to live in comfort together. The Clarks say they are happier now that they are all together. They are now able to share the chores around the house as well as the cost of the house. And, while they were once too busy to see each other often, now they have more time to see each other as well as spend more time on leisure activities. So, for now at least, it looks like the trend of living in multigenerational families will continue in the United States.

- | | | | | | | | |
|----------|--|----------|--------------------|----------|------------------|----------|----------------|
| 1 | multigenerational families have always lived together in the same | | | | | | |
| A | house | B | hotel | C | apartment | D | country |
| 2 | A multigenerational family might consist of grandparents and | | | | | | |
| A | brothers | B | parents, children | C | a retired couple | D | a young couple |
| 3 | Since multigenerational living has become more common in the U.S. | | | | | | |
| A | 1940 | B | 1980 | C | the early 2000s | D | the late 1990s |
| 4 | The Clarks live in comfort in their new home. Their home is happy and | | | | | | |
| A | comfortable | B | old | C | noisy | D | crowded |
| 5 | The Clarks bought a farmhouse | | | | | | |
| A | wooden, old, large | B | large, old, wooden | C | old, wooden | D | large, wooden |

نموذج الإجابة

Vocabulary

1- Fill in each blank with a word from the box.

/ 5

atmosphere	soul	worn	comfort	loyalty	shelter
------------	------	------	---------	---------	---------

1. This old coat has become too worn I should buy a new one.
2. Sports fans show their loyalty by wearing the colors of their favorite team.
3. The library always has a quiet, still atmosphere
4. When it started to rain, we used the old building as a shelter
5. A person's soul is the person he or she is inside.
6. It was a comfort to the woman to have her family gathered around her when she was sick.

2- Match the words with their meanings.

1- Cool!	4	a- How realistic something is
2- Hold on!	3	b- Don't have a realistic idea
3- Out of touch	2	c- Stop for a moment
4- Reality check	1	d- Great

Grammar

3- Write too or enough in each blank.

/ 5

1. Bill is too young to watch that film.
2. Richard is driving too fast. It makes me nervous.
3. You have eaten enough You'll feel sick if you eat more.
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4- Rewrite each sentence, putting the adjectives in the correct order.

1. There is a (**round / small**) table in the kitchen.
There is a small round table in the kitchen
2. Our new apartment is in a (**brick / small**) building.
Our new apartment is in a small brick building.
3. The apartment has a (**old / Egyptian / wonderful**) rug.
The apartment has a wonderful old Egyptian rug

5- Correct the error in each sentence.

1. He was to late to get on the airplane.
He was too late to get on the airplane
2. Do you have time enough to go to the store?
Do you have enough time to go to the store?
3. His friend bought him a new, modern, big watch.
His friend bought him a modern, big , new watch

Reading

6- Read the text and answer the questions. Choose the best answer to each question.

/ 5

Multigenerational Families

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- | | | | | | | | |
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| A | comfortable | B | old | C | noisy | D | crowded |
| 5 | The Clarks bought a farmhouse | | | | | | |
| A | wooden, old, large | B | large, old, wooden | C | old, wooden | D | large, wooden |

Vocabulary

1- Match each word in Column 1 with a definition in Column 2.

/ 5

Column 1	Column 2
1. commemorate	A. to begin
2. marathon	B. a parade or march
3. originate	C. to bring back to life
4. practice	D. to celebrate the memory of someone or something
5. procession	E. a 26-mile running race
6. revive	F. a habit or custom

2- Match the words to the picture :

Medal – torch – skate – race



Grammar

3- Rewrite each sentence below with a gerund as the subject.

/ 5

1. It is exciting to watch professional sports.
.....
2. It is fun to skateboard.
.....
3. It is boring to play alone.
.....
4. It is good for him to exercise.
.....

4- Rewrite the sentences. Use adverbs of manner.

1. Badr is an aggressive driver.
.....
2. Stunt pilots fly in a dangerous way .
.....
3. Ali and Majid are slow runners.
.....
4. Saeed is a really good player.
.....

5- Write the superlative form of the adjectives .

1. This is (**good**) game I have ever seen .
2. The (**hard**) test I have ever taken was in chemistry class

Reading

6- Read the text and answer the questions. Choose the best answer to each question.

The Benefits of Exercise

Getting regular exercise is good for you. Everyone knows that. But, then why doesn't everyone exercise? Some people say they don't have enough time because they are busy with work, school, and family obligations. However, making time for some exercise should be a priority for everyone. The following are just a few of the reasons why:

- 1) Exercising makes you feel good. When you have a bad day, or you feel stressed or angry about something, a little exercise can help you relax and improve your mood. Also, getting regular exercise can help prevent depression.
- 2) Physical exercise helps prevent some diseases such as high blood pressure, diabetes, and certain types of cancer. A walk a day can help keep you healthy!
- 3) Exercising helps you maintain a healthy weight and keeps you strong.
- 4) Exercising gives you more energy. You will feel less tired during the day if you are physically stronger and more active.
- 5) Exercising helps you sleep better. If you have been active during the day you sleep better. And when you have slept better at night, you feel better during the day.
- 6) Find an activity that you enjoy. You don't have to go to the gym. You can go for a walk or a hike. Whenever you are active, you are doing something good for both your physical and mental health.

1	Some people say they don't have enough time because they are with work						
A	busy	B	weak	C	tired	D	thirsty
2	Exercising makes you feel						
A	bad	B	good	C	hungry	D	sad
3	A little exercise can help you and improve your mood						
A	eat	B	walk	C	relax	D	swim
4	Physical exercise helps prevent some diseases such as and diabetes						
A	flu	B	cold	C	headache	D	high blood pressure
5	According to the reading, diabetes is a type of						
A	game	B	exercise	C	disease	D	cancer

Writing

Write about a popular sport that you like :

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Vocabulary

/ 5

1- Match each word in Column 1 with a definition in Column 2.

Column 1		Column 2
1. commemorate	D	A. to begin
2. marathon	E	B. a parade or march
3. originate	A	C. to bring back to life
4. practice	F	D. to celebrate the memory of someone or something
5. procession	B	E. a 26-mile running race
6. revive	C	F. a habit or custom

2- Match the words to the picture :

Medal – torch – skate – race

			
race	skate	torch	Medal

Grammar

3- Rewrite each sentence below with a gerund as the subject.

/ 5

1. It is exciting to watch professional sports.

Watching professional sports is exciting

2. It is fun to skateboard.

Skateboarding is fun.

3. It is boring to play alone.

Playing alone is boring

4. It is good for him to exercise.

Exercising is good for him.

4- Rewrite the sentences. Use adverbs of manner.

1. Badr is an aggressive driver.

Badr drives aggressively.

2. Stunt pilots fly in a dangerous way .

Stunt pilots fly dangerously.

3. Ali and Majid are slow runners.

Ali and Majid run slowly.

4. Saeed is a really good player.

Saeed plays well.

5- Write the superlative form of the adjectives .

1. This is the best (**good**) game I have ever seen .

2. The hardest (**hard**) test I have ever taken was in chemistry class

Reading

6- Read the text and answer the questions. Choose the best answer to each question.

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- 5) Exercising helps you sleep better. If you have been active during the day you sleep better. And when you have slept better at night, you feel better during the day.
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1	Some people say they don't have enough time because they are with work						
A	busy	B	weak	C	tired	D	thirsty

2	Exercising makes you feel						
A	bad	B	good	C	hungry	D	sad

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A	game	B	exercise	C	disease	D	cancer

Writing

Write about a popular sport that you like :

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Vocabulary

Match each description in Column 1 with a word in Column 2.

Column 1		Column 2
1. Someone who can speak two languages is		A. puzzled
2. Someone who feels annoyed is		B. fascinated
3. Something that is extraordinary or wonderful is		C. remarkable
4. Someone who feels confused is		D. irritated
5. Someone who feels very interested is		E. bilingual

Grammar

A- Write the correct form of get + the adjective or participle in parentheses.

- You shouldn't when the bus is late. There is nothing you can do about it. (*angry*)
- I when I heard the loud noise coming from upstairs. (*scared*)
- Our parents always when we are late. (*worried*)
- It is in this store. Let's come back another day. (*crowded*)
- We are about our vacation. It's only three days away! (*excited*)
- His clothes while he was playing football in the park. (*dirty*)

B- Rearrange the words to make comparative sentences.

- The / the / smarter / read / more / you / you / become
.....
- The / the / you / you / get / get / wiser / older
.....
- The / the / we / we'll / finish / work / sooner / quicker
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C- Choose the best answer to fill in the blank in each question.

- _____ he had known what he knows now, he wouldn't have made the mistakes he did.
A. He regrets B. If only C. If he wishes D. He doesn't wish
- There wasn't anyone home when the fishbowl got smashed. It _____ the cat
A. can't have been B. can't be C. must be D. must have been

Reading

Read the text and answer the questions. Choose the best answer to each question.

Jokes and Laughter

Although people all over the world like to share jokes and laugh with each other, all cultures have their own style of humor. What people find funny in one culture may not be amusing in another culture. It is important to remember this when trying to tell a joke to someone from another culture. Also, when you are visiting a different culture, don't get discouraged if you do not understand the humor. Jokes often involve very advanced or slang language, and they also require a deep understanding of the culture. The deeper the understanding you have of a culture, the better you will understand the humor.

However, although people from different cultures laugh at different things, they all do laugh. All cultures seem to agree that laughter really is the best medicine. Read the following quotes and proverbs about laughter that come from different cultures.

A good laugh and a long sleep are the best cures in the doctor's book. – Irish Proverb

A cottage where laughter lives, worth more than a castle full of tears. – Chinese Proverb

No one was ever hurt by laughter. – Japanese Proverb

People show their character by what they laugh at. – German Proverb

A day is lost if one has not laughed. – French Proverb

1. Which is the main idea of the reading?

- A. You should never tell a joke to someone of a different culture.
- B. Some cultures do not laugh as much as others.
- C. People laugh at different things, but humor is enjoyed by all cultures.
- D. You don't need to understand a language to understand a culture.

2. Which sentence has the same meaning as the Irish proverb?

"A good laugh and a long sleep are the best cures in the doctor's book."

- A. You can learn how to laugh and sleep from a book.
- B. Doctors laugh a lot and sleep a lot.
- C. The more you laugh and the longer you sleep, the better you will feel.
- D. The longer you sleep the louder you will laugh.

3. Fill in with the missing words :

1. all cultures have their own of humor

2. A good laugh and a long sleep are the best in the doctor's book

Writing

Write about a TV show or a movie that you like :

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نموذج الإجابة

Vocabulary

Match each description in Column 1 with a word in Column 2.

Column 1		Column 2
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2. Someone who feels annoyed is	D	B. fascinated
3. Something that is extraordinary or wonderful is	C	C. remarkable
4. Someone who feels confused is	A	D. irritated
5. Someone who feels very interested is	B	E. bilingual

Grammar

A- Write the correct form of *get* + the adjective or participle in parentheses.

1. You shouldn't get angry when the bus is late. There is nothing you can do about it. (*angry*)
2. I got scared when I heard the loud noise coming from upstairs. (*scared*)
3. Our parents always get worried when we are late. (*worried*)
4. It is getting crowded in this store. Let's come back another day. (*crowded*)
5. We are getting excited about our vacation. It's only three days away! (*excited*)
6. His clothes got dirty while he was playing football in the park. (*dirty*)

B- Rearrange the words to make comparative sentences.

1. The / the / smarter / read / more / you / you / become
The more you read, the smarter you become.
2. The / the / you / you / get / get / wiser / older
The older you get, the wiser you get.
3. The / the / we / we'll / finish / work / sooner / quicker
The quicker we work, the sooner we'll finish.

C- Choose the best answer to fill in the blank in each question.

1. _____ he had known what he knows now, he wouldn't have made the mistakes he did.
A. He regrets B. If only C. If he wishes D. He doesn't wish
2. There wasn't anyone home when the fishbowl got smashed. It _____ the cat
A. can't have been B. can't be C. must be D. must have been

Reading

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Although people all over the world like to share jokes and laugh with each other, all cultures have their own style of humor. What people find funny in one culture may not be amusing in another culture. It is important to remember this when trying to tell a joke to someone from another culture. Also, when you are visiting a different culture, don't get discouraged if you do not understand the humor. Jokes often involve very advanced or slang language, and they also require a deep understanding of the culture. The deeper the understanding you have of a culture, the better you will understand the humor.

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- B. Doctors laugh a lot and sleep a lot.
- C. The more you laugh and the longer you sleep, the better you will feel.
- D. The longer you sleep the louder you will laugh.

3. Fill in with the missing words :

- 1. all cultures have their own style of humor
- 2. A good laugh and a long sleep are the best cures in the doctor's book

Writing

Write about a TV show or a movie that you like :

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Vocabulary

Complete each sentence with a word from the box.

aroma	delicacy	licensed
delectable	distinguish	peak

- You must be to drive a car in most countries.
- The most wonderful is the smell of bread baking in the oven.
- Snails are eaten as a in some cultures.
- The of the tourist season at the beach is during the summer.
- When you hold your nose, it is difficult to the flavor of foods.
- This restaurant serves the most desserts. I want to try all of them!

Grammar

A- Choose the correct sentence.

- Could you take care of the plants while we are away?
 - Could you take the plants care of while we are away?
 - Could you take care the plants of while we are away?
 - Could you take care the plants while we are away?
- Turn on the TV so we can catch up the news.
 - Turn on the TV so we can catch up the news on.
 - Turn on the TV so we can catch the news up on.
 - Turn on the TV so we can catch up on the news.

B- Choose the best answer to each question.

1. Could you _____ a loaf of bread at the store?

A. pick at B. pick up C. pick out D. pick on
2. I can't _____ the answer to this math problem.

A. figure on B. figure out C. figure up D. figure into
3. Let's _____ the problem and maybe we can solve it.

A. talk over B. talk up C. talk out D. talk down
4. We have _____ eggs. Could you go buy some?

A. run into B. run out C. run out of D. run over
5. Sam felt hungry so he ordered a pizza, a salad, _____ fries and a juice.

A. a B. an C. the D. some
6. To stay healthy, you should try to eat as _____ fruit as you can.

A. much B. many C. some D. a

Reading

Read the text and answer the questions. Choose the best answer to each question.

Chewing Gum

Did you know that chewing gum has been around for thousands of years? Historians have found chewing gum that is at least 5,000 years old in Finland. This ancient chewing gum was made from the bark and sap of trees. The sap of a tree is the sticky liquid that comes from it. Throughout its long history, chewing gum has been made from various trees, plants, and grasses. It was thought to help clean the mouth as well as freshen breath. Gum was chewed by the ancient Aztecs as well as the ancient Greeks.

In the 1860s, in the United States, a new recipe for chewing gum was come up with. Chicle, a sticky substance from the chicle tree, was originally intended to be a substitute for rubber. Inventors tried to use chicle in such things as tires and boots, but it was not successful. Then, one inventor, Thomas Adams, figured out that the rubbery substance could be used as a new type of chewing gum. All he had to do was add flavor. Adams opened the world's first chewing gum factory and began selling his gum in 1871.

Nowadays, there are still a few gum manufacturers who use chicle in their chewing gum; however, many companies have switched to synthetic, or man-made ingredients.

1. People have chewed gum for at least _____.

- A. 5,000 years B. 1,000 years C. 500 years D. 100 years

2. Thomas Adams _____ that the rubbery substance could be used as a new type of chewing gum.

- A. figured into B. figured in C. figured on D. figured out

3. A synonym for synthetic is _____.

- A. rubber B. tree C. man-made D. natural

4. Sap is _____.

- A. a type of tree B. the leaves on a tree C. a sticky liquid D. hard material

Writing

Write a description of a memorable event :

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Vocabulary

Complete each sentence with a word from the box.

aroma	delicacy	licensed
delectable	distinguish	peak

1. You must be **licensed** to drive a car in most countries.
2. The most wonderful **aroma** is the smell of bread baking in the oven.
3. Snails are eaten as a **delicacy** in some cultures.
4. The **peak** of the tourist season at the beach is during the summer.
5. When you hold your nose, it is difficult to **distinguish** the flavor of foods.
6. This restaurant serves the most **delectable** desserts. I want to try all of them!

Grammar

A- Choose the correct sentence.

1.
A. Could you take care of the plants while we are away?
B. Could you take the plants care of while we are away?
C. Could you take care the plants of while we are away?
D. Could you take care the plants while we are away?
2.
A. Turn on the TV so we can catch up the news.
B. Turn on the TV so we can catch up the news on.
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B- Choose the best answer to each question.

1. **Could you _____ a loaf of bread at the store?**
A. pick at B. pick up C. pick out D. pick on
2. **I can't _____ the answer to this math problem.**
A. figure on B. figure out C. figure up D. figure into
3. **Let's _____ the problem and maybe we can solve it.**
A. talk over B. talk up C. talk out D. talk down
4. **We have _____ eggs. Could you go buy some?**
A. run into B. run out C. run out of D. run over
5. **Sam felt hungry so he ordered a pizza, a salad, _____ fries and a juice.**
A. a B. an C. the D. some
6. **To stay healthy, you should try to eat as _____ fruit as you can.**
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Reading

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Writing

Write a description of a memorable event :

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Vocabulary

Complete each sentence with a word from the box.

aggressive	bond	abstract
adapt	duration	residence

1. Groundhog Day is a fun holiday on which a groundhog predicts the of winter.
2. Some of the rescued animals well into a zoo environment, but many do not.
3. Many pet owners develop a with their pets.
4. The elephant's new will be the San Diego Zoo.
5. Lions are known to be animals. They shouldn't be approached in the wild.
6. Many ideas can be difficult to understand because they do not involve real objects.

Grammar

A- Write the active or passive form of the verb in parentheses.

7. Some peoplethat keeping wild animals in zoos is cruel. (*think*)
2. Itthat mosquitoes are the most dangerous insects. (*say*)
3. For their health, fish shouldin clean tanks. (*keep*)
4. It that pets can help people to live happier lives. (*believe*)
5. Birds shouldfresh water every day. (*give*)

B- Read the active sentence. Choose the correct passive sentence.

1. They will release the dolphin back into the wild once it is healthy.

- A. The dolphin would release back into the wild once it is healthy.
- B. The dolphin will be released back into the wild once it is healthy.
- C. The dolphin has to be released back into the wild once it is healthy.
- D. The dolphin may be released back into the wild once it is healthy.

2. You must give your turtle more food each day.

- A. Your turtle must be given more food each day.
- B. Your turtle may be given more food each day.
- C. Your turtle will be given more food each day.
- D. Your turtle can be given more food each day.

Reading

Read the text and answer the questions. Choose the best answer to each question.

Hero

Time and time again, it has been shown that the bond between a person and his horse is incredibly strong. This has been proved by the countless stories about horses that have saved their owners' lives. This past weekend in Canada, once again a boy owes his life to his horse. Alan is a twelve-year-old boy who lives with his family, in the country. Alan was out with his horse, "Hero" when it started getting dark. The horse seemed alert and moved cautiously. When they reached home, Alan could hardly see anything. He was about to dismount and lead his horse to the stable, when the horse started stomping and neighing uncontrollably, making it impossible for Alan to get off. In a panic, Alan made out the shape of a cougar about to attack him as the horse reared on his hind legs, protecting the boy. In the fight that followed, the horse managed to get closer to the house and shake Alan off onto the patio. Alan ran into the house for help. The family called 911 and waited for help to arrive as the horse and the cougar continued to fight outside their door. Luckily the police arrived just in time to save the horse. They were able to shoot the cougar and pull it away. The horse was seriously injured in the fight but is expected to make a full recovery. Alan's parents were grateful that Hero was able to protect their son from the cougar. Hero is sure to be pampered for the rest of his life by the whole family.

1. Choose the main idea of the story.

- A. A horse fought with a cougar and won.
- B. A horse saved the life of its owner.
- C. A boy loves his horse.

2. Alan _____.

- A. was saved from a cougar by his horse
- B. was saved from a horse by a cougar
- C. saved his horse from a cougar

3. the underlined word. " Hero seemed alert and moved cautiously "

- A. ready and aware
- B. happy and playful
- C. hungry

4. the underlined word. " Hero is sure to be pampered for the rest of his life "

- A. kept at the hospital
- B. in bandages
- C. indulged and treated well

Writing

Write about a type of animal

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نموذج الإجابة

Vocabulary

Complete each sentence with a word from the box.

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A- Write the active or passive form of the verb in parentheses.

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D. The dolphin may be released back into the wild once it is healthy.

2. You must give your turtle more food each day.

- A. Your turtle must be given more food each day.
B. Your turtle may be given more food each day.
C. Your turtle will be given more food each day.
D. Your turtle can be given more food each day.

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Writing

Write about a type of animal

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Vocabulary

Match each word in Column 1 with a description in Column 2.

Column 1		Column 2
1. dread		A. being the cause of something
2. moral		B. to give someone a reason to do something
3. motivate		C. to think logically
4. reason		D. to make someone want to do something
5. responsible		E. to fear greatly
6. tempted		F. to disappear
7. vanish		G. ethical

Grammar

Choose the best answer to each question.

1. If you had studied for your test, you might not failed it.

- A. are B. has C. is D. have

2. If you for me, I wouldn't have gotten lost.

- A. wait B. have waited C. had waited D. would wait

3. If Jon hadn't told the truth, he in trouble.

- A. would have gotten B. would get C. could got D. could get

4. What if you were me?

- A. would you do B. would do you C. you do D. do you

5. Michael acts the boss.

- A. if he was B. if he were C. as if he were D. as if he be

6. At this time tomorrow, I to a new country.

- A. 'll be flying B. will fly C. fly D. will

7. By the time the math professor retires, he will for 25 years.

- A. will teach B. have been teaching C. has been teaching D. has taught

Which sentence is correct :

1. If I spoke English perfectly, _____.

- A. I wouldn't have to take any more classes
B. I couldn't have to take any more classes
C. I wouldn't had to take any more classes
D. I couldn't have taken any more classes

Reading

Read the text and answer the questions. Choose the best answer to each question.

The "Right" Thing to Do

People come across small ethical dilemmas every day. And every day we make choices about what the "right" thing to do is. These dilemmas usually aren't life-or-death situations; they are simply small questions that can come up at any time and in any place. For example, read the following everyday dilemmas:

1) Imagine that you just bought your lunch at a sandwich counter, and you are walking out to eat it in your car. On the way, you stop to get some napkins. If you took two napkins, that would be enough to clean up after your lunch. However, if you took ten napkins, then you could leave some in your car to use at another time. But how many napkins are it OK to take? If you took ten napkins, would that be considered stealing?

2) Imagine that you are driving home from work. You are in a hurry to get home to watch your favorite TV show, and you are driving too fast. A police officer pulls you over. You don't have the money to pay for a speeding ticket. Should you try to avoid getting a ticket by telling the police officer that you are speeding for a good reason, for example, a family emergency? Or should you just admit that you were speeding and accept the ticket?

1. What are dilemmas ?

.....

2. Most people don't need more than _____ napkins to clean up after their lunch.

A. one B. two C. five D. ten

2. When you pass the speeding limit , the officer will give you _____ .

A. speeding ticket B. a prize C. a gift D. money

Writing

Write a personal narrative about an important decision that has impacted your life

.....

.....

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Mega Goal 2 Dictionary

قاموس منهج ميغا قول ٢



إعداد وتنظيم الأستاذ : بدر الشهري



**الوحدة السابعة : Unit 7****There's No Place Like Home :**

ليس هناك مكان مثل المنزل

Vocabulary : المفردات**Nouns : الأسماء**

adobe	طين
amenity	راحة
architect	مهندس معماري
atmosphere	الغلاف الجوي
budget	ميزانية
canyon	وادي
cliff	جرف
comfort	الراحة
loyalty	الوفاء
plot	مؤامرة / قطعة أرض
poverty	الفقر
shelter	ملجأ / مأوى
sorrow	حزن
suburbs	الضواحي
wealth	الثروة

Verbs : الأفعال

comfort	يطمنن
cripple	يشل
drain	يصرف الماء
downsize	يقلص الحجم
furnish	يوثث
give off	يتنازل عن
maintain	يحافظ
shelter	ياوي

Adjectives : الصفات

claustrophobic	خائق
enticing	تحريضي
minimal	أدنى حد
numerous	كثير
nurturing	مغذي
resounding	مدوي
worn	بالي





الوحدة السابعة : Unit 7

There's No Place Like Home :

ليس هناك مكان مثل المنزل

التعبيرات : Expressions

Describing what you are looking for :

جمل لوصف ما تبحث عنه

I'm looking for	أنا أبحث عن
What I have in mind is	ما أتصوره هو ...
I'd love to find	أحب أن أعثر على
I'm hoping to find	أتمنى أن أجد
I have my heart set on	أنا ابحث بالتحديد عن
It's essential that I find	من الضروري أن أجد
الكلمات والمعاني : Real talk	
an arm and a leg	مبلغ كبير من المال
Cool	رائع
Grand	ألف
Hold on	توقف قليلا
Megabucks	مبلغ كبير
out of touch	ليس لدي أي فكرة
reality check	تحقق من الأمر





Unit 8 : الوحدة الثامنة	
The Sporting Life : الحياة الرياضية	
Vocabulary : المفردات	
Nouns : الأسماء	
Alpine skiing	التزلج على جبال الألب
cross-country skiing	التزلج عبر الريف
freestyle skiing	التزلج الحر
goaltender hurdle	عقبة حارس المرمى
ice hockey	هوكي الجليد
marathon	مراثون
medal	ميدالية
merit	ميزة
milestone	مَعْم
penalty	ضربة جزاء
practice	تدريب / ممارسة
procession	موكب / مسيرة
puck	قرص الهوكي
rink	حلبة
ski jumping	القفز على الثلج
spectator	مشاهد / متابع
terrain	تضاريس
Verbs : الأفعال	
commemorate	إحياء ذكرى
found	يجد
intersperse	ينثر
originate	ينشئ
revive	يعيد للحياة / ينعش
Adjectives : الصفات	
astounding	مذهل
defensive	دفاعي
offensive	هجومى
stiff	قاسي / صلب
thrilling	مثير





Unit 8 : الوحدة الثامنة

The Sporting Life : الحياة الرياضية

Expressions : التعبيرات

Encouraging and expressing confidence in someone

تشجيع وغرس الثقة في الشخص

(I know) You can do it	أنا متأكد من أنه يمكنك القيام بذلك
I have confidence/faith in you	أنا أثق بقدراتك
There's no question in my mind	بدون أي شك
You'll do great	ستقوم بعمل رائع
You're going to knock 'em dead / knock their socks off	سوف تبهرهم
You've got what it takes	لديك كل ما تحتاج إليه
Real talk : الكلمات والمعاني	
down pat	حتى الاتقان / مثالي
guts	شجاعة
mess up	يرتكب خطأ
Psyched	متشوق
up for	جاهز
You bet	بالطبع



**Unit 9 : الوحدة التاسعة****Laugh Out Loud : الضحك بصوت عال****Vocabulary : المفردات****Nouns : الأسماء**

antibody	جسم مضاد
equivalent	معادل
mood	مزاج
prop	دعم
script	نص
sitcom	مسلسل كوميدي

Verbs : أفعال

enhance	يحسن
gratify	يرضي
prompt	يحث
stimulate	يعجل / ينشط

Adjectives : الصفات

astonished	مدهش
bilingual	ثنائي اللغة
brehtaking	خلاب / أخاذ
cardiovascular	الأوعية الدموية القلبية
fake	مزور / مزيف
fascinated	منبهر
genuine	حقيقي
hearty	صادق / طيب القلب
irritated	غاضب / منفع
pediatric	أخصائي أطفال
puzzled	متحير
remarkable	لافت للنظر
tasteful	لذيذ





Unit 9 : الوحدة التاسعة

Laugh Out Loud : الضحك بصوت عال

Expressions : التعبيرات

Telling and responding to a joke : التحدث عن نكتة وكيفية الرد

Did you hear the one about ... هل سمعت عن ...

Do you get it ? هل فهمتها

I don't get it. لم أفهم النكتة

I have a good one لدي نكتة جيدة

Real talk : الكلمات والمعاني

blow me away أذهلني فعلا

cheer you up أعدل من مزاجك

getting to يزعج

killer مذهل / رائع

to tell you the truth في الحقيقة



**Unit 10 : الوحدة العاشرة****You Are What You Eat : أنت ما تأكل****Vocabulary : المفردات****Nouns : الأسماء**

aroma	رائحة عطرية
debt	دين
delicacy	رقة
existence	الوجود
feast	وليمة
gratitude	امتنان
indulgence	دلال / تسامح
pastry	معجنات
peak	قمة
quandary	مازق
staple	أساسي / رئيسي / دبوس
taste bud	براعم التذوق
toxin	سم
vendor	بائع

Verbs : الأفعال

distinguish	يميز
maintain	يحافظ
skip (a meal)	يتخطى وجبة
substitute	يستبدل
waft	يهب

Adjectives : الصفات

appetizing	فاتح للشهية
booming	مزدهر
delectable	لذيذ
exorbitant	باهظ
extravagant	اسراف
famished	جائع
immense	هائل
licensed	مرخص
phenomenal	ظاهرة
picky	صعب الارضاء
soggy	متبلل
succulent	عصاري



**Unit 10 : الوحدة العاشرة****You Are What You Eat : أنت ما تأكل****Vocabulary : المفردات****Non separable phrasal verbs : أفعال لا يمكن فصلها عن بعض**

call for	يدعوا إلى
come across	يقابل بالصدفة
come from	يأتي من
go on	تابع / استمر
look into	تحقق من
run into	يقابل
tire of	متعب من
turn out	يتحول

Separable phrasal verbs : أفعال يمكن فصلها عن بعض

burn off	يحرق
figure out	يستنتج
fit in	يندمج
give up	يستسلم / يتخلى عن
gobble down	يبتلع
point out	يشير إلى
put on	يرتدي
send back	يعيد الارسال
take off	يخلع
take out	يغادر
talk over	يناقش
tell apart	يفرق بين شينين أو أكثر
think over	يفكر بالموضوع
throw out	يرمي
throw away	يتخلص من
turn down	يرفض
turn into	يتحول / يذهب إلى
wake up	يستيقظ
whip up	يحسن



Unit 10 : الوحدة العاشرة

You Are What You Eat : أنت ما تأكل

Vocabulary : المفردات

Three-word phrasal verbs : أفعال مكونة من 3 كلمات

catch up on	يلحق با
come down with	يعاني من مرض ما
come up with	يأتي بفكرة جديدة
cut down on	يخفض / يقلل
drop out of	ينسحب
feel up to	يشعر بالقدرة على القيام بشيء
get along with	يتماشى / يتصالح
get away with	يهرب مع
get down to	ندخل في صلب الموضوع
get rid of	يتخلص من
load up on	يقوم بتحميل كمية كبيرة
look down on	يحتقر
look forward to	يتطلع إلى
make do with	يتعاش بمقدار قليل
run out of	ينفذ
take care of	يعتني / يهتم بـ

Unit 10 : الوحدة العاشرة

You Are What You Eat : أنت ما تأكل

Expressions : التعبيرات

Offering, accepting, and declining food and drink :

تقديم ، قبول ، أو رفض دعوة الطعام والشراب

Can I give you some ...	هل يمكنني تقديم المزيد من ... ؟
I'm stuffed	أنا مكتفي
No , thank you	لا ، شكرا لك
Thanks, I'd love a little	شكرا ، أرغب بالقليل من ...
Please help yourself to	تفضل
some more	المزيد من ...
Thank you, but	شكرا ، ولكن ...
Would you like to try the ... ?	هل ترغب بتجربة ... ؟
I couldn't eat another bite	لا أستطيع أن أكل شيئا آخر



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Unit 10 : الوحدة العاشرة

You Are What You Eat : أنت ما تأكل

Expressions : التعبيرات

Real talk : الكلمات والمعاني

Come to think of it	بعد التفكير في الأمر ...
quite the (something)	جيد في ...
have a sweet tooth	يحب الحلويات
spread	وليمة
in no time	بسرعة
whipped it up	بكل يسر وسهولة



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Proud1prince1



Proud1prince1



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الوحدة الحادية عشر : Unit 11	
حيوانات مذهلة : Amazing Animals	
المفردات : Vocabulary	
الأسماء : Nouns	
bond	علاقة / رباط
compassion	تعاطف
consciousness	وعي / إدراك
duration	مدة زمنية
exterminator	مبيد
intake	مدخول
life expectancy	متوسط العمر
mammal	حيوان ثدي
recovery	تعافي / نقاهة
residence	إقامة
الأفعال : Verbs	
adapt	يتكيف / يتعايش / يتأقلم
canter	يركب على السرج
gallop	يعدو
honor	يكرم
speculate	يتأمل
whistle	يصفر
صفات : Adjectives	
abstract	مجرد
aggressive	عدواني
alert	متنبه
deliberate	متعمد
disturbed	منزعج
domesticated	أليف
marine	بحري
pampered	مدلل



الوحدة الحادية عشر : Unit 11	
حيوانات مذهلة : Amazing Animals	
التعبيرات : Expressions	
طلب النصيحة : Asking for advice	
Could you advise me on ... ?	هل يمكن أن تقدم لي النصيحة حول ... ؟
How should I handle it when I really need some advice on	كيف يجب علي أن أتعامل مع الوضع عندما أحتاج إلى نصيحة عن ...
What do (you suggest) I do about	ما الذي تقترح علي القيام به .. ؟
إعطاء النصيحة : Giving advice	
I (strongly) advise you to	أنا أنصحك بأن ...
If I were you	لو كنت مكانك ...
It would be (a) good (idea) to	ستكون فكرة جيدة أن ...
It's not (a) good (idea) to	ليس من الأفضل أن ...
الكلمات والمعاني : Real talk	
24/7	طوال أيام الأسبوع
back to the drawing board	أن يعود للبداية من المقدمة مرة أخرى
calling the shots	يصدر القرارات
get to the point	اختصر الموضوع
Hang in there!	لا تستسلم

**Unit 12 : الوحدة الثانية عشر****What Would You Do ? ما الذي كنت ستفعله ؟****Vocabulary : المفردات****Nouns : الأسماء**

condition	وضع / شرط
diagnosis	تشخيص
dilemma	معضلة
disorder	اضطراب
downside	الجانب السلبي
ethics	أخلاق
potential	محتمل

Verbs : الأفعال

consider	يأخذ بعين الاعتبار
disapprove	يرفض
dread	يخاف
inherit	يرث
motivate	يحفز
peek	يلقي نظرة خاطفة
reason	يناقش
undergo	يخضع
vanish	يتلاشى

Adjectives : الصفات

controversial	مثير للجدل
ethical	أخلاقي
genetic	وراثي
moral	أخلاقي
preventative	وقائي
reluctant	معارض
responsible	مسؤول
tempted	مغري
treatable	قابل للعلاج





Unit 12 : الوحدة الثانية عشر

What Would You Do ? ما الذي كنت ستفعله ؟

Expressions : التعبيرات

Giving an opinion : إبداء الرأي

As far as I'm concerned

على ما أعتقد

I feel / I believe

أعتقد بأن

I would think/say that

أظن / أتوقع بأن

In my opinion

من وجهة نظري

It seems to me that

بالنسبة لي يبدو بأنه

The way I see it

حسب ما أرى

Real talk : الكلمات والمعاني

blow the whistle on

يوقف العمل الخاطئ

call

قرار

I wouldn't put it past him

سيقوم بفعل هذا الشيء

Rotten

سيء

